

GROCERY DELIVERY

HAVE YOUR VILLA PRE-STOCKED WITH GROCERIES



All of the island's major grocery stores now provide online ordering and delivery of produce, meats, snacks, and prepared foods. Due to high demand, we encourage all orders placed well in advance of your arrival.

Kirk Market

Tel: (345) 949-7022

<https://kirkmarket.ky/>

Hurley's Market

Tel: (345) 947-8488

<https://hurleys.ky/shop/>

Fosters Market

Tel: (345) 945-4748

<https://shop.fosters.ky/>

PRO TIPS:

DO NOT WAIT UNTIL THE LAST MINUTE TO ORDER GROCERIES!
Place your order as early as possible especially for winter holiday and New Year's stays.

Arriving on a Sunday? Have your order delivered to our Silver Thatch Welcome Center on Saturday and pick-up when you check-in! We have two large refrigerators on-site to keep your order fresh.

Next door to the Silver Thatch Welcome Center is [Jacques Scott Wines & Spirits](#). After checking in, walk over and stock up on your favorite drink of choice. On-line ordering is also available with delivery to either your villa or the Frank Sound location for pick up.

Villa guests can save 10% off wine and spirits (not on beer) when purchasing in-store at the Silver Thatch location only. Just show your Silver Thatch Guest Card to receive your 10% discount!

FOOD SUPPLIES AND DELIVERIES

While your household is in quarantine, no visitors are allowed within the perimeter of your quarantine location. It is also important that all of your food and supplies are delivered.

All major grocery stores in the Cayman Islands offer delivery services and can be contacted as follows.

- Kirk Supermarket – Tel: (345) 949 7022 - <https://kirkmarket.ky/>
- Hurleys Supermarket – Tel: (345) 947-8488 - <https://hurleys.ky/shop/>
- Fosters Supermarket – Tel: (345) 945 4748 - <https://www.fosters.ky/>

A wide variety of restaurants on Island also offer delivery services.

SUCCESSFULLY QUARANTINING AT HOME

We realise that staying at home may be frustrating, but there are things that you can do to help make it easier. These include:

- Talk to your employer, friends and family to ask for their help to access the things you will need over the course of your quarantine period.
- Plan how you will access food and other supplies such as medications that you will need during this period.
- Plan to keep in touch with friends and family over the phone or through social media.
- Identify things you can do during your time at home; people who have successfully completed a period of staying at home have kept themselves busy with activities such as cooking, reading, online learning and watching films.
- Physical exercise is also good for your wellbeing; look for online classes or courses to help you take light exercise in your home.

YOUR PRIVACY

We care about your privacy and while you are participating in this programme we will only process the minimum amount of personal data necessary to monitor and support you during your period of quarantine. We have also implemented a range of technical and organisational security measures to protect your personal data from unauthorised access. This includes protecting your identity and only allowing an authorised person to access your name and contact details if this is required to follow up on a credible alert.

We thank you for helping us to continue keeping our beautiful Cayman Islands safe.

Travel Cayman

Quarantine at Residence

COVID-19
gov.ky/coronavirus



The safety of the Cayman Islands community remains a top priority and approval to quarantine at an approved residence relies on personal responsibility in conjunction with PCR testing, a monitoring device with geofencing technology and a defined period of isolation.

Quarantining at Residence means that you have agreed to:

- ❖ Wear an *iMSafe* smart wristband;
- ❖ Quarantine in your approved accommodation location
- ❖ Undergo COVID-19 testing upon arrival at the airport and again on day 15; and
- ❖ Remain in isolation for a minimum of 14 days, after which a negative test result and sign off by the Medical Officer of Health will be required in order for your quarantine period to cease.

If you live with other people, **all members of your household** are subject to these same conditions.

It is important to follow these restrictions for the entire quarantine period **even if you do not have any symptoms. This will help us to protect our community and control the spread of COVID-19.**

***Please note:** that these constitute conditions of your isolation and are provided for by the Medical Officer of Health for the purposes of Regulations made under the Public Health Law (2002 Revision) relating to the control of Covid-19. As such they must be strictly adhered to.*

Should you leave your approved quarantine location or otherwise not comply with the conditions of participation in this testing phase issued by the Medical Officer of Health, you will be in breach of the Regulations and may then be required to complete the remainder of your isolation period in a Government isolation facility. If the breach amounts to a criminal offence you may also be warned for prosecution.



Delivery guidelines

COVID-19
gov.ky/coronavirus



**Do not allow any anyone to visit or enter your home or yard during your quarantine.
This includes delivery of food, medications and supplies**

In all instances, whether ordering groceries or from restaurants, you should use suppliers who offer contactless payment and delivery, which means paying online and having the delivery left outside your door. This is because you (and your household) are not permitted to have direct contact with any individual delivering food, medicine or other supplies during your period of isolation.

Additionally, you must not physically collect supplies until after the delivery person has left your front door, yard space or property vicinity.

All major grocery stores in the Cayman Islands plus a wide variety of restaurants offer delivery services (see Useful Contacts sheet for contact information.)

Please note: that these constitute conditions of your isolation and are provided for by the Medical Officer of Health for the purposes of Regulations made under the Public Health Law (2002 Revision) relating to the control of Covid-19. As such they must be strictly adhered to.

Should you leave your approved quarantine location or otherwise not comply with the conditions of participation in this testing phase issued by the Medical Officer of Health, you will be in breach of the Regulations and may then be required to complete the remainder of your isolation period in a Government isolation facility. If the breach amounts to a criminal offence you may also be warned for prosecution.



Useful contacts

COVID-19
gov.ky/coronavirus



Travel support team:

Email: TravelSupport@gov.ky

Cell number: (345) 946 7858

Supermarkets:

- ❖ Kirk Supermarket – Tel: 949 7022 -
<https://kirkmarket.ky/>
- ❖ Hurleys Supermarket – Tel: 947 8488
<https://hurleys.ky/shop/>
- ❖ Fosters Supermarket – Tel: (345) 945 4748 -
<https://www.fosters.ky/>

Restaurants:

A wide range of restaurants on Island also offer delivery services. Visit www.goodeats.ky for a directory of restaurants Island wide.

Health concerns

Should you have any concerns about your health, have any flu symptoms or health related questions during isolation please call our 24-hour Flu hotline at 1-800-534-8600 or 925-6327 (Flow) or 947-3077 (Digicel), or email flu@hsa.ky

Prescriptions Refills

- ❖ Call: 244 2715 or 244 2716
Between 9:00am – 5:00pm
- ❖ **Online Refills:**
www.hsa.ky/refill-request-form/

❖ **Whatsapp:**

Send photo of prescription label to 925 6534.





CAYMAN ISLANDS
GOVERNMENT



Phased Opening of Our Borders Programme Monitoring Technology: Participant Agreement to Terms & Conditions

By participating in this programme, you agree to the following terms and conditions:

- You will be transported directly to your place of isolation by an authorised person and will activate your quarantine location immediately upon entering your place of isolation. You will wear a mask or cloth face covering until you enter your place of isolation, including in the taxi.
- You will not leave your place of isolation unless you have received advance authorisation from the Medical Officer of Health or in the case of an emergency. If there is an emergency that requires you to leave your place of isolation, you will telephone 911 to inform them of the emergency and of your current location. If you have a question or concern about an essential task that may require you to leave your place of isolation, you will seek specific guidance from the monitoring and compliance team using the contact details that have been provided to you.
- You will take appropriate precautions to protect the mobile device issued to you as part of this programme from damage or loss. You will also ensure this mobile device, at all times:
 - has at least 30% of charge in the battery;
 - has Mobile Data services enabled, including for the Tracesafe application; and
 - remains in the same room as you within your place of isolation.
- You will make all reasonable efforts to be available for telephone calls and physical checks at your place of isolation made by authorised Public Health officials and other members of the compliance team. This includes answering calls on the mobile device issued to you as part of this programme and/or your personal mobile device within a reasonable timeframe and presenting yourself at the doorway of your place of isolation if requested in order to speak to an official. For all in-person interactions of this nature, you will also wear a mask or cloth face covering.
- You will not attempt to tamper with or remove the wristband fitted to you, and you will ensure it remains powered on at all times. You will not fully submerge your wristband in water or any other liquid for more than 30 seconds, including in a sink, bathtub, swimming pool or spa.
- If the monitoring and compliance team receives an automated alert that indicates a potential issue with your monitoring technology or non-compliance with a requirement of your isolation, they will contact you by telephone or in person. You will answer their questions and provide any information that may be requested, including details of your current location or location history and reason for movement if your monitoring technology cannot confirm these facts.
- You will not allow any individual who does not reside in your household to enter your home or to enter your yard space if you are physically outside of your home at the time. This includes but is

not limited to friends and family members, nannies, domestic helpers and other household employees, work colleagues, service providers, and delivery persons. If your place of isolation requires emergency indoor work, you will contact the monitoring and compliance team and discuss the requirement before authorisation will be considered for an individual to enter your place of isolation under conditions that will be specified by the Medical Officer of Health. Please note that indoor work is considered an emergency if it cannot possibly be postponed until the end of the quarantine period.

You will not have direct contact with any individual delivering food, medicine or other supplies during your period of isolation. You will ask friends, family members, neighbours and individuals providing delivery services for or on behalf of a business to provide contactless payment and/or delivery services. Payments should be completed over the telephone or online and you will not physically collect supplies until after the person delivering the supplies has left your yard space or property vicinity. **Please note that these directions of the Medical Officer of Health for the purposes of regulations made under the Public Health Law relating to the control of Covid-19. Any breach of these directions may result in your removal from this programme without notice and a requirement to complete your isolation period in a Government Isolation Facility. Certain breaches of these directions may also amount to an offence under the Public Health Law and regulations made under it relating to the control of Covid-19.**

If you do not wish to participate in this programme for any reason, or if you decide to stop participating after you have been fitted with a wristband and/or transported to your intended place of isolation, the alternative is to complete (the remainder of) your isolation period at a Government Isolation Facility. This may be at a cost of CI\$9,000 or more. You may be required to fully cover the cost of this isolation.

